

PRIVATE TOUR · MULTI-DAY

Amman in 3 Days: Old City, Museums, Food & As-Salt

The capital, its museums and its hills – at an easy pace

DURATION	STARTS	GROUP	BEST SEASON
3 days / 2 nights	Queen Alia Airport or your Amman hotel	Private	All year round

Highlights

- Citadel, Roman Theatre and the downtown souks
- Jordan Museum and Jabal al-Weibdeh
- Evening food walk with dinner (optional add-on)
- Cave of the Seven Sleepers and Iraq al-Amir
- As-Salt, UNESCO World Heritage town

Day by day

DAY 1

Old Amman

Arrival or hotel pick-up. The Citadel, the Roman Theatre and the Nymphaeum, the downtown souks and lunch, then sunset on Rainbow Street. Overnight Amman.

Amman → the Citadel	about 20 min
The Citadel: Temple of Hercules and the Umayyad Palace	about 1 h 15 min
The Citadel → the Roman Theatre	about 10 min
The Roman Theatre and the Odeon	about 1 h
Downtown souks and street food	about 2 h
Downtown → Rainbow Street	about 10 min
Rainbow Street	about 1 h
Rainbow Street → Amman	about 15 min

Driving about 55 min · Visits about 5 h 30 min

DAY 2

Museums, neighbourhoods and food

The Jordan Museum (Ain Ghazal statues, Dead Sea Scrolls), Jabal al-Weibdeh's art houses and cafés, the King Abdullah I Mosque, and an evening food walk with dinner downtown. Overnight Amman.

Amman → the Jordan Museum	about 15 min
The Jordan Museum	about 1 h 30 min
The Jordan Museum → Jabal al-Weibdeh	about 10 min
Jabal al-Weibdeh: art houses and cafés	1–1.5 h
King Abdullah I Mosque	about 45 min
The King Abdullah I Mosque → downtown	about 15 min
Evening food walk and dinner downtown	2–2.5 h
Downtown → Amman	about 15 min

Driving about 55 min · Visits about 5.5–6.5 h

DAY 3

Around Amman and As-Salt

The Cave of the Seven Sleepers (Ahl al-Kahf), Qasr al-Abd at Iraq al-Amir, then As-Salt's Ottoman houses, Abu Jaber House museum and Hammam Street. Drop-off at your hotel or the airport.

- Amman → Ahl al-Kahf — about 20 min
- **Cave of the Seven Sleepers (Ahl al-Kahf)** — about 45 min
- Ahl al-Kahf → Iraq al-Amir — about 35 min
- **Iraq al-Amir: the caves and Qasr al-Abd** — about 1 h 15 min
- Iraq al-Amir → As-Salt — about 40 min
- **As-Salt: walk, museum and market** — 2.5–3 h
- As-Salt → Amman or the airport — about 40 min

Driving about 2 h 15 min · Visits about 4.5–5 h

Times are approximate – on a private tour you can change the pace and the order.

Good to know before you go

Jordan Pass
Buy it online before you travel: it covers Petra, Wadi Rum, Jerash and more than 40 other sites, and, for eligible visitors, waives the tourist visa fee if you stay at least 2 consecutive nights (3 days).

What to bring
Passport valid for at least 6 months, The Jordan Pass (printed or on your phone), Comfortable walking shoes – Amman is hilly, Modest clothing for mosques and shrines, A light jacket for evenings from November to March.

Best season
Fine all year. Spring and autumn are the most pleasant; winter days can be cool and rainy.

What to wear
Light, modest clothes; shoulders and knees covered at religious sites. Good walking shoes, and a warm layer for desert evenings.

Money
The Jordanian dinar (JOD). Cards are widely accepted in hotels and restaurants; keep some cash for small shops and tips.

Water
Drink bottled water, and carry 1.5–2 litres on long walking days.

Power & time
230 V, European (C/F) and British (G) sockets. Jordan is on UTC+3 all year.

Local customs
Friday is the weekly holiday. Ask before photographing people; drones need prior permission.

Emergencies
Dial 911 for police, ambulance or fire. Our team is on WhatsApp throughout your trip.

Your guide to the places you will visit

Amman
Jordan's capital, spread over hills. The Citadel holds the Temple of Hercules and the Umayyad Palace; below it sits the 2nd-century Roman Theatre.

- Late afternoon at the Citadel gives the best light over downtown.

Ahl al-Kahf
The Cave of the Seven Sleepers east of Amman, linked with the story told in Surat al-Kahf, with ancient tombs and a mosque above the cave.

- Dress modestly; women may cover their hair in the mosque.

Iraq al-Amir
A green valley west of Amman with ancient caves and Qasr al-Abd, a Hellenistic palace of the 2nd century BC; a women's cooperative sells local crafts.

- The palace is a short walk from the road.

As-Salt
A UNESCO World Heritage town of golden limestone houses from the late Ottoman era, with the Abu Jaber House museum and the lively Hammam Street.

- The old town is built on slopes – expect many stairs.

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